

### Venue

The venue for the program is the Christie Conference Centre, 329 Adelaide Street, Brisbane. It is located in the city centre close to hotels, shops and restaurants.

### Accommodation

Some accommodation options close to the venue are:

Abbey Apartments \$155 [www.qresorts.com.au](http://www.qresorts.com.au)  
Oaks Lexicon Apartments \$210 [www.oakshotelsresorts.com](http://www.oakshotelsresorts.com)  
Oaks Aurora Apartments \$225 [www.oakshotelsresorts.com](http://www.oakshotelsresorts.com)  
Rendezvous Hotel \$224 [www.rendezvoushotels.com](http://www.rendezvoushotels.com)

### Registration

The program is open to all judicial officers in Australia.

The registration fee is \$850 (GST inclusive). The cost of the conference dinner (optional) on the evening of 8 March is \$80.

You can register by completing this form and sending it by Email, Fax or Mail:

Email: [solutionfocusedjudging@njca.anu.edu.au](mailto:solutionfocusedjudging@njca.anu.edu.au)

Phone: 02 6125 6655

Fax: 02 6125 6651

Mail: The Director,  
National Judicial College of Australia

### Registration Form

Last name: \_\_\_\_\_

First name: \_\_\_\_\_

Title: \_\_\_\_\_

Court: \_\_\_\_\_

Preferred first name for name tag: \_\_\_\_\_

Telephone: (work) \_\_\_\_\_

Email: \_\_\_\_\_

Special requirements (dietary or other): \_\_\_\_\_

\_\_\_\_\_

### Payment

I wish to pay the  
[ ] registration fee \$850  
[ ] conference dinner fee \$80

#### 1. CREDIT CARD

VISA  MASTERCARD

Expiry date: \_\_\_\_ / \_\_\_\_

Credit Card number: \_\_\_\_\_

Name of cardholder: \_\_\_\_\_

Total amount: \$ \_\_\_\_\_

Signature: \_\_\_\_\_

#### 2. DIRECT ONLINE TRANSFER

Account holder: National Judicial College of Australia  
Commonwealth Bank BSB: 062 901  
Account Number: 10093138  
Date of transfer: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

#### 3. CHEQUE

Made payable to: **National Judicial College of Australia**  
and mailed to: PO Box 8102, ANU, ACT 2601

# Solution Focused Judging Program

8 and 9 March 2012

Brisbane



Contact us:

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# Program

## About the program

The program will concentrate on generic skills and knowledge applicable across a range of courts. Judicial officers presiding in problem solving courts will have the opportunity to improve their knowledge and skills. Judicial officers presiding in main stream courts will have the opportunity to acquire knowledge and skills developed in problem solving courts.

## What will I learn ?

- To apply solution focused judging techniques on the basis of an understanding of the theory of therapeutic jurisprudence underlying it;
- To apply communication skills appropriate to solution focused judging;
- To manage situations on the basis of an understanding of the stages of behavioural change;
- To decide when it is or is not appropriate to apply solution focused judging, and to apply it within ethical and other boundaries;
- To apply solution focused judging techniques while presiding in a main stream court;
- To lead, where appropriate, court staff and staff of government agencies involved in solution focused judging in your court;
- To be able to seek support for your role in solution focused judging (including burn out, networking, mentoring).

## Session leaders

The program will draw on the knowledge and expertise of the participants. Participants with experience in solution focused judging will be asked to assist in leading sessions. All the program sessions will have an interactive format, with lectures being kept to a minimum.

Session leaders at the program will include Dr Astrid Birgden (psychologist, Adelaide), Ms Joanna Kalowski (communication expert, Sydney), Dr Michael King (Magistrates Court Western Australia), Deputy Chief Magistrate Jelena Popovic (Magistrates Court Victoria), Judge Roger Dive (Drug Court NSW) and Deputy Chief Magistrate Andrew Cannon (Magistrates Court South Australia).

## Thursday 8 March 2012

### Session 1 - What is Solution-Focused Judging ?

A session exploring the theory underlying solution focused judging.

### Session 2 - Communication skills

An expert on communication leads a session looking at the communication skills which a judicial officer needs to preside in a solution focused court - how to build trust; how to build motivational commitment; how engage defendants in the process, who is the audience ? active listening techniques, empathy not sympathy, personality types, persuasion, conveying expectations, courtroom dynamic, deliberate calm.

### Session 3 - Boundaries and ethical dilemmas

Participants review practical examples of cases in which solution focused judging approaches have raised ethical issues or otherwise challenged the boundaries of the role of traditional judging.

## Friday 9 March 2012

### Session 4 (optional) - Stress relieving techniques

In this optional session participants will have an opportunity to learn about stress relieving techniques including meditation, yoga and various forms of exercise.

### Session 5 - Behavioural Change

In this session a psychologist will lead participants in an exploration of the stages of psychological change, the principles of motivational interviewing and communication techniques appropriate to each stage. What is behavioural change? Why ought judicial officers engage defendants in change? When can motivational approaches be used to engage defendants in change?

### Session 6 - Using solution focused judging techniques in mainstream courts

A panel of judicial officers leads a discussion of their use of solution focused judging techniques in main stream courts, interacting with agencies, resourcing, and networking,

### Session 7 - Working with teams

This session will focus on the role of a judicial officer as a leader working with court staff and representatives of government agencies involved in a solution focused judging; do some leadership styles fit solution focused judging better than others ? What does best practice team leadership look like; dealing with conflict in a team; training in leadership skills

### Session 8 - Personal issues, Sharing Perspectives

A facilitated discussion by participants of issues such as coping with stress, mentoring, networking, interacting with agencies, resourcing and the use of solution focussed judging techniques in main stream courts,

## What previous participants said

Comments by participants in the May 2011 program included:

“Good design, variety, interaction kept it stimulating.”; “Astrid Birdgen’s and Jo Kalowski’s strategies and insights were important, useful and practical – theory but also skills and techniques that can be used in the ‘real’ world”; “great assistance to be informed about the ‘science’ behind behavioural change”; “Delighted by exposure to different courts & different non-legal professionals”; “It was really terrific to have contact over a period of time with ‘the experts’, over breaks, and for them to participate generally in the conference”; “A fabulous program – I learnt a lot!” “I feel supported in my personal determination to apply TJ where possible in mainstream proceedings”;